



Jr. & High School Lunch -\$2.85

# OCTOBER 2020

Bradford Junior High and High School

Seasonal Fresh Fruit Available Daily!

Milk Available: Chocolate Fat Free, Strawberry Fat Free, White 1%

Monday

Tuesday

Wednesday

Thursday

Friday

5  
Chicken Nuggets/ Roll  
Or, *Corn Dog*  
Cheesy Mashed Potatoes  
Celery Sticks  
Fruit Cup  
Milk Choice

6  
Sausage Patty  
Egg Omelet  
French Toast, or  
*Stromboli*  
Hash Brown  
Carrot Sticks  
Fruit Cup & Milk Choice

7  
Mini Pepperoni Calzones  
Or Taco Pizza  
Corn  
Cherry Tomatoes W/ Ranch  
Fruit Cup  
Milk Choice

1  
Country Fried Steak Fingers  
Whole Grain Roll, or  
*Grilled Chicken on Bun*  
Mashed Potatoes / Gravy  
Fresh Veggies  
Fruit Cup  
Milk choice

2  
Pizza Rectangle  
Or, *Mozzarella Cheese Sticks*  
Green Beans  
Peas  
Fruit Cup  
Milk Choice

12  
Chicken Tenders/ Roll  
Or *Cheese Quesadilla*  
Cheesy Mashed Potatoes  
Corn  
Fruit Cup  
Milk Choice

13  
Walking Taco or  
Italian Sub  
Refried Beans  
Green Beans  
Fruit Cup  
Goldfish  
Milk Choice

14  
Chicken Patty on a Bun  
Or Roder Salad  
Baked Potato  
Fresh Veggies  
Fruit Cup  
Milk Choice

8  
Hot Dog on Bun  
Mac & Cheese, or  
*Fish on Bun*  
Toss Salad  
Green Beans  
Fruit Cup  
Milk choice

9  
Pizza Slice, or  
*Chicken Bacon Wrap*  
Broccoli  
Peas  
Fruit Cup  
Milk choice

15  
Hamburger or Cheeseburger  
Or Tenderloin on Bun  
French Fries or Sweet Fries  
Tomato, Lettuce, Pickle  
Fruit Cup  
Milk Choice

16  
Pizza Wedge  
Or Chicken Tenders / Roll  
Toss Salad  
Peas  
Fruit Cup  
Milk Choice

19  
Popcorn Chicken  
Fried Rice  
Orange Sauce  
Or Pepperoni Calzone  
Broccoli  
Sunshine Slushie  
Fruit Cup  
Milk Choice

20  
Ft. Long on a Bun  
Or Mini BBQ Chicken Snacks  
Baked Beans  
French Fries or Sweet Fries  
Fruit Cup  
Milk Choice

21  
Fiesta Stick/ cheese  
Or Corn Dogs  
Green Beans  
Celery Sticks  
Fruit Cup  
Milk choice

22  
Chicken Fajitas  
Or Soft Taco  
Toss Salad  
Refried Beans  
Fruit Cup  
Milk choice

23  
Pizza Rectangle  
Or Mozzarella Cheese Sticks  
California Blend Veggies  
Peas  
Fruit Cup  
Milk Choice

26  
Chicken & Waffles  
Or Meatball Sub  
Corn  
Carrot or Celery Sticks  
Fruit Cup  
Milk Choice

27  
Loaded Nachos, or  
*Soft Taco*  
Refried Beans  
Toss Salad  
Fruit Cup  
Goldfish Crackers  
Milk choice

28  
Turkey & Cheese Sub  
Or Cheese Queadilla  
Lettuce, Tomato, Pickle  
Waffle Fries or Sweet Fries  
Fruit Cup  
Milk Choice

29  
Salisbury Steak / Roll  
Or Chicken Bacon Wrap  
Mashed Potatoes/ Gravy  
Seasoned Carrots  
Fruit Cup  
Milk Choice

30  
Pizza Slice  
Or Tenderloin on Bun  
Broccoli  
Green Beans  
Fruit Cup  
Milk Choice

This institution is an equal opportunity provider

