

To enjoy a great workout, please follow these rules:

1. Our walking program is open to adult residents of the Bradford Exempted Village School District only.
2. For your safety and the safety of others, only walking will be permitted. No running is allowed due to the very real possibility of falls.
3. Due to liability concerns, only adult walkers will be allowed walking privileges.
4. Please walk only in the designated areas. The custodial staff will put up cones and yellow tape in those areas that are being cleaned and we kindly ask walkers to avoid those areas for safety reasons.
5. We ask that all walkers go in a clockwise direction. Basically the trail is constructed around a square, with right hand turns throughout the circuit. The walking trail begins in the hallway closest to the gyms, moving east, with a right turn into the hallway nearest the school offices. Then continue making right hand turns until you complete the circuit in front of the gyms. Five times around is very close to a mile.
6. Feel free to use personal music devices, books on tape, or other electronic appliances as long as you wear a headset to avoid distracting other walkers. Remember, courtesy is important!

7. Please do not prop open any exterior door. This can cause a real security problem for the school.

8. All walkers should enter and exit from the west gym door.

9. Should you need to use a restroom, you are free to use any along your walking route.

10. Report any concerns immediately to a member of the administration or custodial staff.

11. Enjoy yourself and come back often!

Hours for Walking:

Monday thru Friday:

3:15 P.M. to 8:30 P.M

Closed Holidays, Snow Days, evenings of home basketball and volleyball games, Waiver Days, Christmas Break, and Spring Break. Please refer to master calendar on Bradford website for walking days/hours.

Bradford Exempted Village Schools Phone: 448-2770

Joe Hurst, Superintendent



Bradford Schools Walker's Guide

