

January 25, 2010

Dear Parents:

As the parent of a 5th or 6th grade student you are being invited to participate in an exciting new program sponsored by the Miami County Recovery Council. The program is called "Strengthening Families".

Strengthening Families is a dynamic program created by Iowa State University. It is a skills-building curriculum designed to:

- Build a family's strengths
- Improve academic success
- Prevent teen substance abuse and other behavior problems
- Strengthen parenting skills

This program has been scientifically evaluated and proven effective in:

- Delaying the onset of adolescent substance use
- Lowering levels of aggression
- Increasing the resistance to peer pressure in youth
- Increasing the ability of parents/caregivers to set appropriate limits and show affection to and support of their children
- And increase academic success

This program is unique in several ways. Parents and youth share and learn together during the six sessions of the program. The sessions use realistic videos, discussions, games and family projects. Each session includes dinner, and prizes for attendance and accomplishments. This program is designed for fun and effectiveness.

Check your calendar so you can attend all of the sessions.

The six sessions are:

- Thursday February 18th 6:00 to 8:30 p.m.
- Sunday February 21st 3:00 to 5:30 p.m.
- Thursday February 25th 6:00 to 8:30 p.m.
- Sunday February 28th 3:00 to 5:30 p.m.
- Thursday March 4th 6:00 to 8:30 p.m.
- Sunday March 7th 3:00 to 6:00 p.m.

Families registering to attend should attend all sessions. Your students between the ages of 10 and 14 can be included in the sessions with the family.

Child care will be provided for younger students (on site). Dinner will be provided at each session. There is no fee to participate in this event. Space is limited so please register now. All sessions will be held at Bradford Exempted Village School, 760 Railroad Ave., Bradford, Ohio.

This is a great opportunity for families to come together and work to build a solid foundation for our students. A strong family and effective parenting skills are an important part of the formula that leads to educational success for our students. Join your neighbors and friends for an exciting opportunity to help yourself, your school and your community grow.

If you have any questions you may contact Joy Higgins, Prevention Consultant at 335-4543 ext 139. You may also contact your school principal at 448 2719.

Sincerely,

John Virgint
Principal

Brad Greek
Principal

Registration Information

Please register my family to attend

Please Print

Names of family members attending sessions

Names and ages of younger children needing child care

Name _____ age _____

Name _____ age _____

Name _____ age _____

Return this form by February 5th to:

Miami County Recovery Council

1059 N. Market St.

Troy Ohio 45373

Attn: Joy Higgins

Or

You may drop off the form at the Bradford Schools' Office